



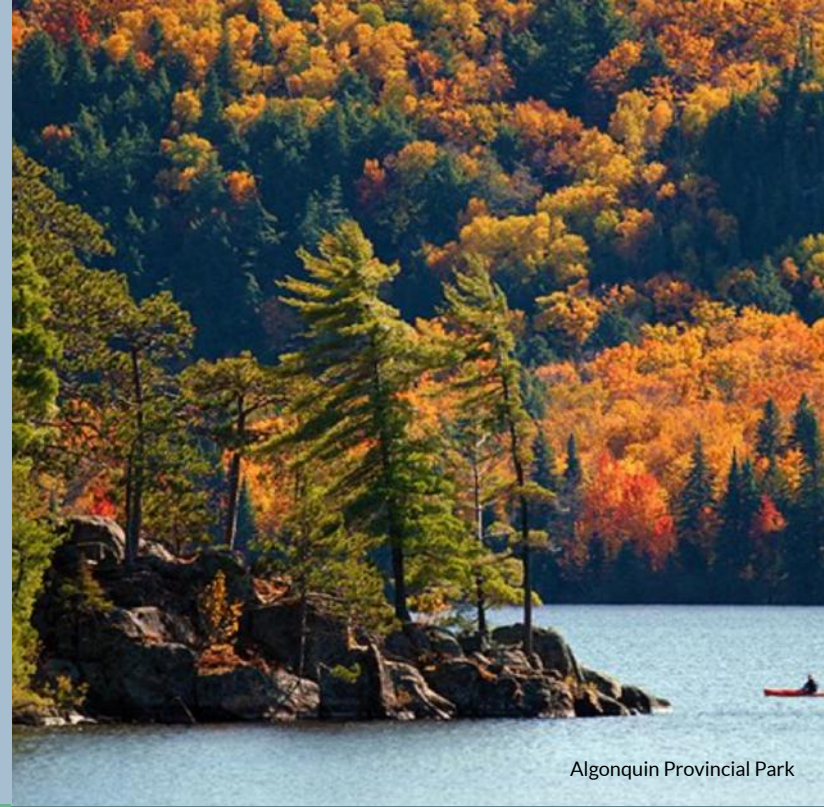
Adventure Guide

2021-2022



Children's Aid Society
La Société d'aide à l'enfance
NIPISSING & PARRY SOUND

Where should
you go?



Algonquin Provincial Park

What should
you do when
you get there?

What do I need
to know about
this pass?



Bruce Peninsula National Park



Bon Echo Provincial Park

Here's what you need to know

What can I do with the pass?

The Ontario Parks Annual Vehicle Permit provides day use access (does not include camping fees) to Ontario Parks provincial parks. The pass is for day use entry to over 100 operating provincial parks for all occupants in your vehicle. Visit your favourite park regularly throughout the season or explore parks across Ontario. This guide features some of the parks located in the Nipissing and Parry Sound district and some road trip recommendations.

How do I book the pass?

The Children's Aid Society of the District of Nipissing and Parry Sound has purchased four annual passes. Passes can be booked by emailing your name, contact information and travel dates to more.info@parnipcas.org. Once reserved, your pass can be picked at our head office located at 433 McIntyre Street West in North Bay or 25 Church Street in Parry Sound.

Please Note: The park pass must be displayed in your vehicle at all times.

Tell us about your experience!

Where did you go, what did you do? Send your reviews to more.info@parnipcas.org and your recommendations will be featured in next year's adventure guide!

Hey Kids! Let's see those photography skills!

Ontario Provincial Parks are beautiful anytime of the year! Practice your photography skills and send us photos of your adventures. Photos will be featured in next year's adventure guide. Submissions can be sent to more.info@parnipcas.org.

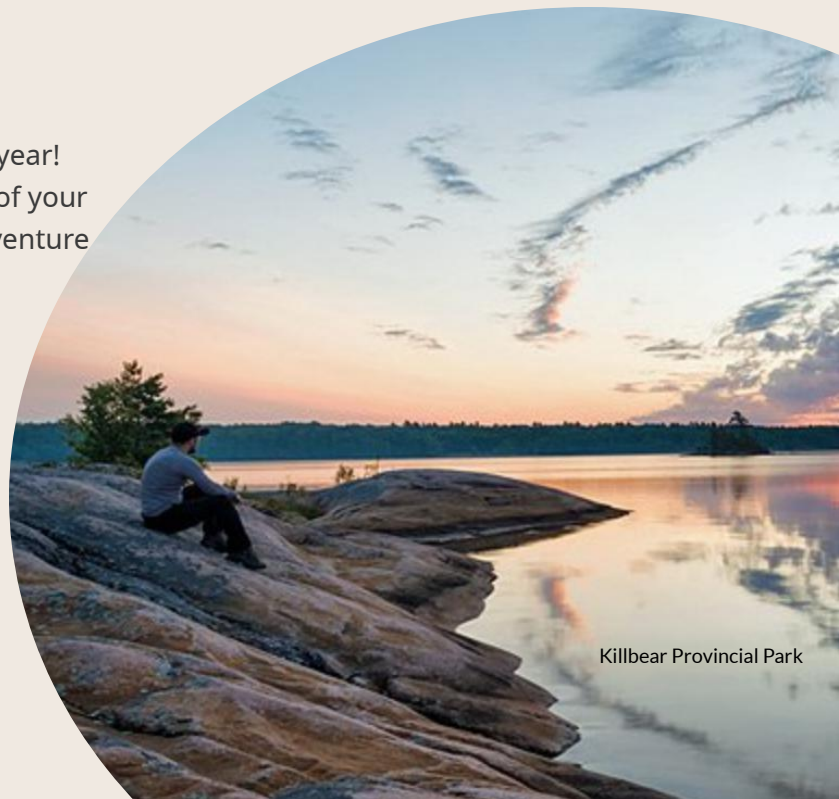
Have Questions?

Call us at (705) 472-0910 or visit the Ontario Provincial Park's website at:
<https://www.ontarioparks.com/en>

Georgian Bay Provincial Park



Killbear Provincial Park



Samuel de Champlain Provincial Park



Why visit this park?

Champlain is located on the historic Mattawa River fur trade route in the scenic Mattawa Valley. This park offers great hiking trails with scenic views, a “lazy river”, a beautiful sandy beach and is a great place to canoe and kayak.

Hiking Trails

Etienne System Trails: four loops ranging in length from 2.5 to 9 km; strenuous

Discover scenic views of the Mattawa River while traversing challenging terrain.

Kag Trail: 2.5 km loop; difficult with steep climbs

This trail travels through several ecosystems, including tall majestic Red Pine forests, Gem Lake and oak highlands.

Wabashkiki Trail: 1 km loop; easy

Explore a marsh and its resident wildlife on this trail and boardwalk set on a peninsula in the middle of Moore Lake.

Forestry Research Trail: 1 – 2 km loop; easy

This trails winds its way through active forestry research plots. A trail guide is available at the Visitor Centre.

For a full list of activities, please visit the Ontario Parks web site: <https://www.ontarioparks.com/park/samueldechamplain>

Restoule Provincial Park



Why visit this park?

Life's a beach and Restoule Provincial Park has three BEAUTIFUL ones to visit! The Kettle Beach has a volleyball net and lots of space for fun beach activities. The Putts beach is a smaller, more private, and natural beach. The Bells Point Beach is pet friendly and has an exercise area and swim spot.

Hiking Trails

Fire Tower Trail – 4.1 km - 1.5 to 2 hrs

The “must do” hiking trail in Restoule. The trail meanders through some beautiful mature forests, travelling across boardwalks and rugged rocky ridges. The trail offers a great rest location and view point at Amber Lake, and also passes by a historic Fire Tower. After a challenging climb this trail will continue to impress with a spectacular view from atop the 100 meter high Stormy Lake Bluff.

The River Trail – 1.2 km - 30 mins

This trail takes you through the rolling topography of the west side of the Restoule River. It is a gently paced trail that will take you along the river and then through some beautiful mature forests.

Rangers Point Trail – 860 m - 20 mins

If you're looking for a great way to spend the afternoon this short trail is perfect for a casual hike or bike ride. The trail provides access to two spectacular waterfront picnic sites with views of the Stormy Lake Bluff and historic Fire Tower.

See more trails at: <https://www.ontarioparks.com/park/restoule/activities>

Mikisew Provincial Park



Why visit this park?

Located near South River in the Almaguin Highlands of Ontario, Mikisew is a hidden gem for day-trippers. Just a short drive west of the town of South River on the shores of Eagle Lake, the park has everything you need for fun and adventure with family, friends, pets – or even on your own.

If you're looking for a fun new activity to try, Mikisew offers an 18-hole disc golf course designed for a beginner/intermediate experience. Whether you are brand new to disc golf or an expert, this course will be lots of fun. If you are brand new to the sport, consider trying the nine-hole course.

Hiking Trails

Beaver Meadow Trail: 2km – 40 mins

A refreshingly beautiful trail that loops around an open beaver wetland. Keep an eye out for otters, muskrats, or beavers. There are many opportunities for bird watching on the trail as it travels through wetland areas to lowland and upland forests.

Maple Canyon Trail: 2.3km – 45 mins

Rock outcrops and a changing forest are the significant features of this trail. The Maple Canyon has two trailside rocky outcrops with excellent examples of quartz intrusion and rock tripe lichen.

Lakeview Trail: 300m – 10 mins

A short trail along the shoreline of Eagle Lake. The trail has some great lakeside views and is close to both campgrounds.

Old Dog Trail: 800m – 15 mins

A short hike that connects to the trailhead of the Beaver Meadow and Maple Canyon Trails. You will see Ash and Red Maple trees as well as a number of different wildflowers.

The Point Trail: 300m – 10 mins

Named appropriately, this trail is a narrow point of land that juts out into Eagle Lake. Bring a picnic lunch or a book and enjoy this private getaway within the park.

Marten River Provincial Park



Why visit this park?

This park is conveniently located 30 minutes from North Bay and offers three beaches, beach volleyball and horseshoe pits to name a few. Marten River itself provides lots of opportunities to explore, with numerous bays and long stretches of shoreline. As the park is the southern gateway to the Temagami region, there are many canoeing opportunities close by.

Hiking Trails

Transition Trail: Marten River's Transition Trail offers a moderate hike that is five kilometers long and will take approximately two hours to complete. The trail takes you through a variety of forest types from mature pine stands to a Black Spruce bog.

For a full list of activities, please visit the Ontario Parks website:
<https://www.ontarioparks.com/park/martenriver/activities>

Algonquin Provincial Park



Why visit this park?

Algonquin park is a stunning outdoor playground made up of more than 7,650 square kilometres of parkland and you can only get to know it from a canoe, horseback, or on foot — hiking or snowshoeing, depending the season. Algonquin is located in the middle of the province, between the Ottawa River and Georgian Bay.

Hiking Trails

Whiskey Rapids Trail located at km 7.2 - 2.1 km (1.5hours) moderate

This looped trail leads along the Oxtongue River to scenic Whiskey Rapids. The trail guide discusses the ecology and history of an Algonquin river.

Hardwood Lookout Trail located at km 13.8km - 0.8 km (1 hour) moderate

This walk introduces the visitor to the ecology of a typical Algonquin hardwood forest and culminates in a fine view of Smoke Lake and the surrounding hills.

Mizzy Lake Trail located at km 15.4 – 11 km (4-5 hours) moderate.

This trail requires an early start and a full day to do properly. It visits nine ponds and small lakes and affords some of the best chances to see wildlife in the Parkway Corridor. Dogs are not permitted on the trail.

Peck Lake Trail located at km 19.2 - 1.9 km (1 hour) moderate.

This trail circumnavigates the shoreline of Peck Lake. The trail guide explores the ecology of a typical Algonquin lake.

There are so many more trails! For a full list of activities, please visit the Ontario Parks Website: <https://www.ontarioparks.com/park/algonquin>

Grundy Lake Provincial Park



Why visit this park?

Grundy park is located at the crossroads of highways 69 and 522. The park is the ideal place to relax and marvel at the natural beauty of the Canadian Shield. Great canoeing and hiking as well as sandy beaches strike the perfect balance.

During the summer, park staff offer a variety of fun, interactive educational programs. Join one of our knowledgeable park naturalists on a guided hike, learn about the Voyageurs and the logging history, discover the Pre-Cambrian Shield, see the park's wildlife and plant life! Take part in the campfires and come stop by our amphitheatre and visitor centre. Take part in the 'Art in the Park' programs. There is something for the whole family to enjoy.

Hiking Trails

Swan Lake Trail – 1.5 km loop (1 hour) moderate to difficult.

Wind through a special area in the park which is protected as a nature reserve. This short hike crosses rocky ridges and lookouts as well as a variety of interesting wetlands. The centerpiece of the trail includes a boardwalk, where wetland plants and animals can be studied. While there, be sure to watch for the Great Blue Heron, beaver, waterfowl, bitterns and other varieties of birds, reptiles, amphibians, fish, deer, moose and carnivorous plants.

Gut Lake Trail - 2.5 km (1 ½ hours) moderate to difficult.

For some, this is the most popular trail in the park. It travels by two different areas: the rugged rock of the Precambrian Shield (which supports most of the life in this area), and the lakes, streams and wetlands (which drain excess water into Georgian Bay). There are many points that are ideal for photos, rest stops or a picnic. If you walk quietly, you may see Great Blue Heron, other birds, amphibians, fox, deer and moose.

For a full list of hiking trails and activities, please visit the Ontario Parks website at <https://www.ontarioparks.com/park/grundylake>

Killbear Provincial Park



Why visit this park?

Killbear is a great day trip destination - compact, yet packed with interesting natural features, iconic windswept pine and over 30 km of Georgian Bay shoreline. It is Georgian Bay at its best! Explore rugged, rocky shoreline mixed with numerous sand beaches amid beautiful views of windswept pines on rocky islands.

Hiking Trails

Twin Points Trail 1.6 km loop (40 minutes) easy.

The trail crosses over rock outcrops and through different types of forest until it makes its way to the rocky points and sandy beaches of the shoreline. A trail guide interprets the geological features found along the way.

Lookout Point Trail 3.5 km loop (1.5 hours) moderate

This trail winds through a variety of forest types and rock outcrops and provides a breathtaking view of Georgian Bay at the midway point. A trail guide explains the ecology of the area.

Lighthouse Point Trail 800 m loop (25 minutes) easy to moderate

This short trail takes you to the tip of Killbear Point and offers superb views of Georgian Bay and interesting rockscapes.

Recreational Trail – 6 km linear (3 hours) easy to moderate

The recreational trail runs parallel to the main park road from the park entrance to Lighthouse Point. The trail winds through hemlock groves, hardwood forest and rock outcrops and is ideal for hiking, jogging, cycling or nature watching.

For a full list of hiking trails and activities, please visit the Ontario Parks website at <http://www.ontarioparks.com/park/killbear/activities>

Oastler Provincial Park



Why visit this park?

Just a short distance from Georgian Bay and Parry Sound is Oastler Lake Provincial Park, which sits on the shore of Oastler Lake and is bisected by Boyne River. If you visit the park, you'll have your pick from various enjoyable recreational activities such as boating and canoeing, biking, picnicking, fishing, and swimming. You'll also find a pet exercise area, dog beach, barbeque grills and picnic shelter.

Hiking Trails

There are no designated hiking trails in this park however, in the summer, the nearby Seguin Recreational Trail is a wonderful destination for hiking and biking.

For a full list of activities, please visit the Ontario Parks website at <http://www.ontarioparks.com/park/oastlerlake/activities>

Arrowhead Provincial Park



Why visit this park?

Arrowhead Provincial Park is a great visit any time of the year, but in winter, the famous skate trail nestled along the snow laden trees is not the only thing that you can do to enjoy the crisp and clear winter air. You can also enjoy tubing, snowshoeing and cross country skiing! Rentals are available at the shop in Birches parking lot. Additional fees apply for rental equipment.

Hiking Trails

Beaver Meadow Trail - 7 km (2 hours) moderate

Arrowhead's longest trail passes Porcupine Bluffs, the remnant shoreline of a huge ancient lake. The bluffs are easily visible in the spring and fall but are hidden during the leafy summer months. The trail circles a large beaver pond with large rafts of cattails where you might see otter, moose, Great Blue Heron, Tree Swallows and, of course, beavers. Near the end, the trail crosses a field and you can see evidence of the once successful Oke homestead—old fence lines, building foundations and domestic plants such as rhubarb and apple trees.

Big Bend Lookout – easy

This short walk from the parking lot on Roe Campground Road leads to a panoramic view of the meandering Big East River and the surrounding Muskoka terrain.

Homesteaders Trail - 3 km (1 hour) moderate

In the 1870s, homesteaders cleared this area. Take this trail across moderately rugged terrain and see traces of abandoned farm fields now reclaimed by young forest.

For a full list of hiking trails and activities, please visit the Ontario Parks website at <http://www.ontarioparks.com/park/killbear/activities>

Road Trip Destinations



French River Provincial Park



Killarney Provincial Park



Point Pelee National Park



Sandbanks Provincial Park



Flower Pot Island

Visit the Ontario Parks Website to
see all locations!
<https://www.ontarioparks.com/>