



Arbour House
NORTHERN TRAUMA NETWORK

TRAUMA LEARNING SERIES

with Clinical Psychologist Associate Eileen Kilbride

1. TRAUMA & ATTACHMENT OVERVIEW

May 10, 2022 - 10:00 am to 12:00 pm

How to understand the needs of trauma survivors.

Recommended Audience: Ideal for anyone in the social services sector.

- Learn about the foundational research that is relevant to understanding the complex needs of the youth and families we serve, including Adverse Childhood Experiences (ACE) research.
- Develop a greater understanding of the differences in acute, developmental and complex trauma and why it matters.
- Understand the basics of attachment theory and the main impacts of early adversity and developmental trauma, in terms of the dynamics of the parent-child relationship.

3. PRAGMATICS OF EVERY DAY CARE

May 24, 2022 - 10:00 am to 12:00 pm

The power of your relationship and making the most of available resources and other/informal community supports

Recommended Audience: Ideal for action oriented professionals who are trauma-informed and wanting to shift their day to day interactions.

- Learn how to use your relationship with youth/families for maximum effect and how every interaction has the potential for healing
- Learn about how to create a “virtual” multidisciplinary team to wrap around families
- Make the most of informal supports in the community, using the ARC model as a guide

2. EVIDENCE BASED TREATMENT

May 17, 2022 - 10:00 am to 12:00 pm

What does the research tell us about evidence-based treatment?

Recommended Audience: Ideal for professionals looking to evolve their service model to be more trauma-informed.

- Why targeting and sequencing treatment is critical for success and why a “bottom-up” approach is key to the effective treatment of the impacts of developmental trauma
- Learn about research informed models such as Attachment, Self-Regulation, Competency (ARC) model and other effective specialized treatment modalities that are indicated for youth/caregivers
- Learn more about Circle of Security (COS) and how the model can guide intervention
- Learn about why we have more hope than ever before, about effective treatment and recovery

FALL LEARNING SERVICES

SNEAK PEEK!

Understanding ODD as an attachment behaviour

Understanding the overlap of PTSD, BPD, and Developmental trauma.

Putting the ARC Model into practice

