

Arbour House Service Flow

Pre-Admission

Youth in Crisis and Contingency Planning is required:

Referral is submitted and reviewed by Arbour House team.

Rapid Case Conference with Service Providers:

Contact is made with referee.

The application is reviewed and an approval/denial is communicated.

Meet & Greet

Tour of Arbour House by Coordinator with caregiver and youth.

Pre-Admission meeting to discuss length of stay and case management process for discharge planning:

The Arbour House team meets to discuss roles, expectations, planning and service navigation.

Admission

Intake is completed by Coordinator

Screening assessments are completed within 72 hours by a Clinical Coordinator (pre-test).

A referral is made to the psychologist and a diagnostic/psychological assessment begins.

Ongoing consultation occurs with the youth to develop transitional goals and plans.

The Nurse Practitioner is contacted to assess medical needs if required.

A safety plan is developed and monitored.

Weekly transition planning meetings are scheduled with Arbour House team and community supports.

Week 2

Weekly transition discussion and action plan updates are discussed with Arbour House team and community supports.

Youth goals are discussed and established.

Week 3-6

Weekly transition discussion and action plan updates continue with Arbour House team and community supports.

The Psychologist completes an additional assessment (where required) and reviews finalized psychological assessment with the team.

Transition plan goals are discussed with youth/caregivers/case manager after reviewing initial psychological assessment.

The Coordinator begins to connect youth to services.

30 day notice of discharge is presented to caregiver.

A discharge action plan is developed and transition plan goals are reviewed.

Week 7

The Arbour House Coordinator presents a plan for generalization and monitoring over the next 2-3 months.

Coordinator continues to connect youth/family to services.

Week 8

A final discharge/transition meeting is planned (youth's final week at Arbour House)

Transition plan goals are reviewed and progress is discussed for generalization.

The Arbour House Coordinator presents a timeline for monitoring and team meeting dates (weekly to bi-weekly meetings).

Post service assessments are conducted (post test).

Week 9

The youth begins transitioning to their home environment. The transition plan goals are monitored and additional services are coordinated for the family by community case manager.

Weekly transition meetings continue with caregiver and youth to ensure family remains connected to services.

The Arbour House continues to work with family in order to generalize skills for two-three months based on youth's need.