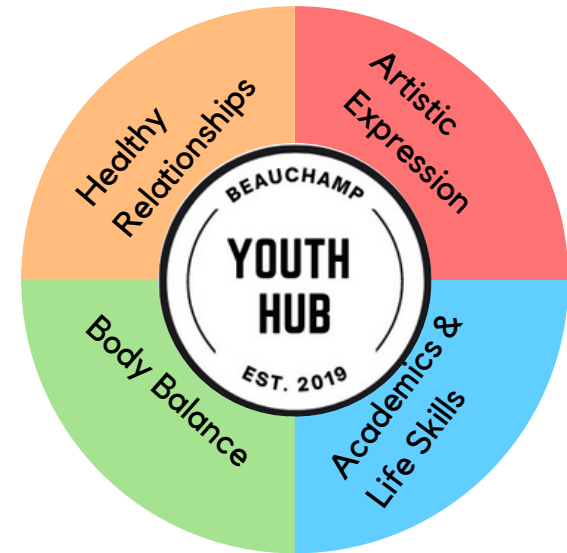


# PROGRAMMING FOR MAY 2024

140 ELMWOOD AVE - NORTH BAY, ON

MONDAY (YOUTH AGED 15+) 4-6PM	TUESDAY (YOUTH AGED 10+) 4-6PM	WEDNESDAY (YOUTH AGED 14+) 4-6PM	THURSDAY (YOUTH AGED 10+) 4-6PM	FRIDAY NO PROGRAMMING
 Hands TheFamilyHelpNetwork.ca		1 INTERNET SAFETY WITH CST. MOYER 	2  BEYOND THE COURT WORKSHOP WITH SAM ASHALU	3
6 MENTAL HEALTH MONDAY	7 NO PROGRAMMING JOIN US FOR FREE ICE CREAM 1-4PM AT ELMWOOD	8 HOME BUYING WITH REALTOR KANEEZ 	9 SPA NIGHT 	10
13 MENTAL HEALTH MONDAY	14  CHILDREN AND YOUTH IN CARE CARNIVAL  ALL AGES WELCOME	15 HOUSING WITH THE CRISIS CENTRE  Crisis Centre North Bay / Centre de crise de North Bay	16 YOUTH ADVISORY COUNCIL  *VIRTUAL PARTICIPATION AVAILABLE	17
20 NO PROGRAMMING STAT HOLIDAY	21 NO PROGRAMMING	22 FINANCIAL LITERACY  Assante® WEALTH MANAGEMENT	23 MEDICINE BAG WORKSHOP AGED 7-17  Big Brother: Big Sisters.  NORTH BAY INDIGEN FRIENDS CENTRE	24
27 MENTAL HEALTH MONDAY	28 NO PROGRAMMING	29 CIVIC RESPONSIBILITIES LEARN TO VOTE  NORTH BAY	30  PLANTING SEEDS	31  RIPPLE EFFECT YOUTH MENTORSHIP PROGRAM



[WWW.PARNIPCAS.ORG](http://WWW.PARNIPCAS.ORG)

## IMPORTANT INFO:

Youth are welcome to access our laundry services or clothing boutique during programming.

Youth can attend Friday programming at OUTloud or North Bay Indigenous Friendship Centre

Questions? Suggestions?

Email:

[youthprogramming@parnipcas.org](mailto:youthprogramming@parnipcas.org)